



# YMCA of Salem County

## Pool Schedule

Effective June 28<sup>th</sup> – July 25<sup>th</sup> 2010  
Schedule Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 9:15 AM Adult Swim	5:15 – 6:15 AM Masters Swim	5:00 - 6:00 AM Masters Swim	6:00 – 1:00PM Adult Swim	5:00 - 6:00 AM Masters Swim	7:45 – 9:00 AM Masters Swim	8:00-9:15 AM Masters Swim Must be registered- Y Closed
	6:15 – 9:15 AM Adult Swim	6:00 – 9:15 AM Adult Swim		6:00 – 9:15 AM Adult Swim	9:00 – 11:30 AM Swim Lessons	
9:15-10:00 AM Deep Water Walking	9:15 – 10:15 AM Deep Water Fitness	9:15 – 10:00 AM Deep Water Walking		9:15 – 10:15 AM Deep Water Fitness	11:30 – 2:30 PM Family Swim-see note	12-1:30 PM Family Swim – see note
10:00 – 11:00 AM Deep Water Fitness	10:15 – 11:00 AM Silver Splash	10:00 – 11:00 AM Deep Water Fitness		10:15 – 11:00 AM Silver Splash		
11:00 – 1:00 PM Adult Swim	11:00 - 1:00 PM Adult swim	12:00 – 1:00 PM Swim Lessons		11:00 - 1:00 PM Adult swim		
		1:00 - 2:00 PM Adult swim				1:30-2:30 PM Private Party Rental*
Camp 1:15 – 3:30 PM	Camp 1:15 – 3:30 PM	2:00 – 5:00PM Open Swim  *Must be 12 yrs old or accompanied by adult.	Camp 1:15 – 3:30 PM	Camp 1:15 – 3:30 PM	*If no parties are scheduled, the Y will be open for Family Swim until 2:30. Please watch the pool “FYI” updates at the front desk and on the pool and locker room doors as well as the pool communication board.	
3:30 – 5:00 PM Open Swim *Must be 12 yrs old or accompanied by adult.	3:30 – 5:00 PM Open Swim *Must be 12 yrs old or accompanied by adult.		3:30 – 5:00 PM Open Swim  *Must be 12 yrs old or accompanied by adult.	3:30 – 5:00 PM Open Swim  *Must be 12 yrs old or accompanied by adult.		
5:00 – 6:30 PM Swim Lessons		5:00 – 6:30 PM Swim Lessons				
5:15 - 6:15 PM Deep Water Fitness		5:15 - 6:00 PM Water Walkers				
6:30 – 9:00 PM Family Swim - see note	5:00 - 9:00 PM Family Swim – see note	6:30 – 9:00 PM Family Swim – see note	5:00 – 9:00PM Family Swim – see note	5:00-8:00 PM Family Swim – see note		

Note: All children less than 12 years of age participating in a pool activity, **MUST** be accompanied by an adult.

- Adult Swim: For all YMCA Adult members 18 years of age and older.
- Family Swim: For all YMCA Family Members and Adults 18 years of age and older. Anyone under 18 years old must be in the pool with an adult family member. (Lap Swim available upon request)
- Open Swim: For all YMCA Members. (Lap Swim available upon request)